

2025 FOOD BALANCE SHEET REPORT



Table of Contents

Table of Contents	i
List of Tables	iii
List of Figures.....	iii
Concepts and Definitions.....	iv
Executive Summary	v
1 CHAPTER 1: INTRODUCTION.....	1
1.1 Objectives of the FBS	1
1.2 Uses of the FBS	1
2 CHAPTER 2: METHODOLOGY.....	3
2.1 The Food Balance Sheet Framework	3
2.2 Supply–Utilization Identity.....	3
2.3 Computation of Self-Sufficiency Ratio (SSR).....	3
2.4 Computation of Import-Dependency Ratio (IDR)	3
2.5 Data Sources	4
2.6 Commodity Coverage and Classification.....	4
2.7 Standards for evaluating food supply adequacy.....	4
2.8 Derivation of indicative benchmarks	4
2.9 Limitations of the FBS.....	5
3 CHAPTER 3: ANALYSIS OF FOOD BALANCE SHEET.....	6
3.1 Food available for human consumption in terms of Energy (<i>kilocalories per person per day</i>) 6	
3.2 Food availability for human consumption in terms of Protein (<i>grams per person per day</i>)... 7	
3.3 Food availability in terms of Fats (grams per person per day).....	7
3.4 Nutritional contribution of food groups.....	8
3.4.1 Food groups contribution to total Energy	8
3.4.2 Supply of protein (grams) per person per day.....	9
3.4.3 Supply of fats (grams) per person per day	10
3.4.4 Supply of iron (milligrams) per person per day	10
3.4.5 Supply of zinc per person per day.....	11
3.4.6 Supply of vitamin A per person per day	11
3.4.7 Supply of dietary fibre per person per day.....	12
3.4.8 Supply of potassium per person per day	12
3.4.9 Self Sufficient Ratio.....	13
3.4.10 Import Dependency Ratio	13
3.4.11 Dietary Benchmarks.....	14
4 CHAPTER 4: CONCLUSION AND RECOMMENDATIONS	15

4.1	Conclusion	15
4.2	Recommendations.....	15
5	Appendices.....	16

List of Tables

Table 1: Commodities contributing 90 percent to Kilocalories availability in 2025.....	6
Table 2: Commodities contributing 90 percent to Protein availability in 2025.....	7
Table 3: Commodities contributing 90 percent to Fats availability in 2025.....	8
Table 4: Comparison of the FBS findings with Recommended Dietary Benchmarks	14

List of Figures

Figure 1: Percent contribution of food groups to dietary energy (kilocalories) in 2025	9
Figure 2: Percent contribution of food groups to protein (grams) in 2025.....	9
Figure 3: Percent contribution of food groups to fats (grams) in 2025	10
Figure 4: Percent contribution of food groups to iron (milligrams) in 2025	10
Figure 5: Percent contribution of food groups to Zinc (milligrams) in 2025	11
Figure 6: Percent contribution of food groups to Vitamin A (micrograms) in 2025.....	11
Figure 7: Percent contribution of food groups to Dietary fibre (grams) in 2025.....	12
Figure 8: Percent contribution of food groups to Potassium (milligrams) in 2025	12
Figure 9: Self Sufficient Ratios for selected food commodities in 2025.....	13
Figure 10: Import Dependency Ratios for selected food commodities in 2025	14

Concepts and Definitions

Feed: refers to food products that are used to feed livestock and other animals.

Food availability: refers to the amount of food products that are available for human consumption in a given reference period. This includes food products that are domestically produced, imported, or withdrawn from stocks. Food availability is an important indicator of food security, as it provides information on the potential for meeting the food needs of the population.

Food Balance Sheet (FBS): an aggregated and analytical data set that presents a comprehensive picture of the pattern of a country's food supply during a specified reference period.

Food Processing: the transformation of raw or semi-processed agricultural products into food products that are suitable for human consumption. This includes activities such as milling, canning, preserving and packaging.

Import Dependency Ratio (IDR): compares the magnitude of a country's imports to its domestic utilization.

Industrial use: is any quantity of a given food product used in some non-food transformation or manufacturing process, including products used in biofuels, cosmetics, detergents, or paints. Industrial use can have a significant impact on food security, as it can affect the availability and price of food products.

Loss: the amount of food products lost or wasted during production, processing, distribution, or transportation stages of the food system. Loss can occur for a variety of reasons, including spoilage, damage and overproduction but excluding the retail or consumption stage.

Production: The concept comprises production of primary as well as processed goods.

Seed: is any quantity of a commodity set aside for reproductive purposes including seed for sowing, plants for transplanting, eggs for hatching and fish used as bait.

Self-Sufficiency Ratio (SSR): compares the magnitude of a country's agricultural production to its domestic utilization.

Executive Summary

An efficient and resilient food system is critical to national development, human health, and economic stability. In Sub-Saharan Africa, this remains a challenge due to climate change and climatic variability, economic pressures, and evolving consumption patterns, all of which directly affect both the quantity and quality of food available.

While data on agricultural production and household consumption are routinely generated, they often exist in silos and do not provide a complete picture of the national food supply. The Food Balance Sheet (FBS) addresses this gap by providing an integrated framework that consolidates all components of food supply and utilization for a specified reference period into a single, coherent national account.

For Zimbabwe, compilation of the FBS represents a key milestone in strengthening national capacity for food and nutrition statistics, while supporting evidence-based planning and decision-making under the National Development Strategy 2 (NDS2). The FBS was produced following the Food and Agriculture Organization (FAO) Guidelines for the Compilation of Food Balance Sheets (2017), ensuring international comparability and methodological soundness.

a) Dietary Energy Supply (DES)

For 2025, food available for human consumption, in terms of dietary energy supply (DES) was **2,336.3 kcal** per person per day, an increase of **1.6 percent** when compared to **2,300.5 kcal** in 2024.

b) Protein

Total protein supply available for 2025 was **58.7** grams per person per day, an increase of **21.0** percent from **48.5** grams per person per day in 2024.

c) Fats

Soya bean oil was the main source of fat availability, contributing **16.5** grams per person per day and amounting to **30.8 percent** of the total fats. Flour of maize (maize meal) contributed **10.2 percent** as prepared groundnuts (cooked, roasted etc.) contributed **8.5 percent**.

d) Self-sufficient ratio

For 2025, sorghum recorded the highest self-sufficient ratio (SSR) of **96 percent**. Maize SSR was **62 percent** in 2025, having declined to **27 percent** in 2024 from **86 percent** in 2023.

e) Import dependence ratio

Soya beans had the highest import dependence ratio (IDR) at **75 percent**, with the wheat IDR of **39 percent** in 2025 reflecting an increase of **1 percent** from **38 percent** recorded in 2024.

CHAPTER 1: INTRODUCTION

An efficient and resilient food system is critical for global development, human health and economic stability. In Sub-Saharan Africa, achieving resilient food systems remains challenging due to such factors as climate variability, economic pressures and shifting consumption patterns which directly impact the quantity and quality of food availability.

Furthermore, the routinely generated agricultural production and household consumption data often exist in silos, masking the true state of national food supply. The Food Balance Sheet (FBS) bridges this gap by consolidating all components of food supply and utilization into a one coherent national account.

For Zimbabwe, the 2025 Food Balance Sheet marks a major milestone as it reflects strengthened national capacity for production of food and nutrition statistics. At the same time, directly supporting data-driven decisions, evidence-based planning under the National Development Strategy 2 (NDS2), as the country is building towards an empowered, prosperous upper middle-income society by 2030.

1.1 Objectives of the FBS

The primary objectives of the FBS are to:

- a) Quantify national food supply and utilization, that is, account for all sources of food including production, imports, exports, and stock changes, and all uses including food, feed, seed, processing, and waste.
- b) Estimate per capita food and nutrient availability.
- c) Establish a consistent national food account, by integrating diverse data sources into a single, standardized framework for monitoring the food system over time.

1.2 Uses of the FBS

Among the key uses of the FBS are the following:

- a) **Assessing food adequacy:** In providing an aggregate measure of food availability per capita the FBS allows for an assessment of whether national food supply meets the population dietary energy and nutrient requirements.
- b) **Assessing self-sufficiency and import dependence:** By comparing domestic production to imports and exports, the FBS shows the country's reliance on external sources. This informs national initiatives on agricultural productivity, import substitution, trade policy and strategic grain reserves.
- c) **Tracking trends over time:** The analysis of changes in food supply by commodity group reveals shifts in dietary patterns, agricultural performance and economic conditions.
- d) **Supporting policy and strategic planning:** Results from the FBS guide decision-making on food security interventions, nutrition programs, agricultural investment and emergency preparedness.

Developed in line with the FAO Guidelines (2017), for the compilation of Food Balance Sheets the FBS provides an aggregated dataset that presents a comprehensive picture of national food supply and utilization patterns during a specific period. These internationally recognized standards ensure consistency and comparability across countries and over time, while modern data platforms and analytical tools further improve the efficiency, transparency and accessibility of FBS results.

To evaluate if national food supply is adequate and balanced enough to support a healthy population, per capita nutrient availability was compared against reference values obtained in international guidelines including the World Health Organization (WHO) healthy diet recommendations and the FAO/WHO Sustainable Healthy Diets Guiding Principles.

By providing a practical framework for evaluating adequacy, diversity and resilience, comparing the FBS with these reference values enables the identification of strengths and gaps in national food availability. This directly supports evidence-based decision-making on agricultural production, food fortification, trade, food security and nutrition policies.

In summary, the Food Balance Sheet transforms fragmented data into a unified national account of food supply. For Zimbabwe, it is an essential tool for identifying food security risks and planning for a resilient and inclusive food future. However, it is important to note that the Food Balance Sheet measures food and nutrient availability at the national level, not actual dietary intake or nutritional status.

CHAPTER 2: METHODOLOGY

2.1 The Food Balance Sheet Framework

The Food Balance Sheet was compiled using FAO Guidelines for the compilation of Food Balance Sheets (2017), a standardized framework developed by the Food and Agriculture Organization to provide a comprehensive picture of a country's food supply and utilization. The methodology is based on the principle of Supply–Utilization Accounting (SUA), which ensures that for each commodity, total supply is equal to total utilization within a defined reference period, typically one calendar year. Through this approach, the FBS translates data on food commodities into estimates of food available for human consumption, expressed in both physical quantities and nutritional values. The framework incorporates both primary commodities and processed products, which are systematically linked through the use of conversion factors.

2.2 Supply–Utilization Identity

At the core of the FBS compilation is the following balance equation:

$$\begin{array}{lcl} \text{Total Food Supply} & = & \text{Total Utilization} \\ (Production+Imports+\Delta Stocks) & = & Exports+Food+Feed+Seed+Industrial Use+ Loss+Residual Use) \end{array}$$

The food supply side for a given period is the quantity of food produced within the country plus total food imported, adjusted for any change in stocks occurring since the beginning of the reference period. Stocks are an important component of the FBS because they provide information on the availability of food products for future consumption. Utilization for the period comprise food available for human consumption, quantities put to manufacture for food and non-food use, quantities exported, fed to livestock, used for seed, as well as losses during storage and transportation and residual/other uses (*usually used as a balancing item where need be*). Any waste or loss that occurs at the retail or consumer level is considered since that was food technically available for human consumption.

2.3 Computation of Self-Sufficiency Ratio (SSR)

$$SSR = \frac{\text{Domestic Production}}{\text{Total Domestic Supply}} \times 100.$$

A ratio of 100 percent indicates that domestic production is equal to total domestic utilization. Ratios above 100 percent indicate domestic production exceeds domestic utilization signifying surplus of a given commodity. Ratios below 100 percent indicate domestic production is falling short of domestic utilization.

2.4 Computation of Import-Dependency Ratio (IDR)

$$IDR = \frac{Imports}{Production+imports-exports} \times 100.$$

A ratio of 100 percent indicates the country relies entirely on imports to meet its domestic demand while a ratio of 0 indicates that the country is self-sufficient.

2.5 Data Sources

Compilation of the FBS is based on multiple data sources to ensure a comprehensive coverage of all supply and utilization components. For this FBS report, the main data sources were the 2025 Post-Harvest Survey, the 2025 and 2026 Crop and Livestock Assessment Reports and Trade Statistics for 2025.

2.6 Commodity Coverage and Classification

The FBS covers a wide range of food commodities, which are classified into standardized groups such as cereals, roots and tubers, pulses, fruits, vegetables, meat, milk, fish, oils and sugars as guided by the FAO Guidelines for compilation of Food Balance Sheet (2017). Processed commodities are converted into their primary commodity equivalents using the FAO publication on technical conversion factors for agriculture commodities¹.

2.7 Standards for evaluating food supply adequacy

To evaluate if national food supply was adequate and balanced enough to support a healthy population, per capita nutrient availability was compared against international reference values obtained from the following:

- a) WHO healthy diet recommendations
- b) FAO/WHO Sustainable Healthy Diets Guiding Principles
- c) The EAT-Lancet Healthy Reference Diet
- d) Expert consensus on healthy dietary patterns

These benchmarks serve as vital reference values to assess the diversity and balance of the country's food supply.

2.8 Derivation of indicative benchmarks

The benchmark ranges used to interpret the composition of Zimbabwe's national food supply were derived analytically rather than adopted as WHO/FAO recommended food-group targets. Overall energy, protein and fat reference levels were informed by FAO/WHO/ United Nations University (UNU) human energy and protein requirements and WHO recommendations on dietary fat and free sugars, EAT-Lancet and conversion of food quantities into their percentage contribution to energy, protein or fat. Food-group ranges were subsequently derived by allocating these nutrient reference levels across major Food Balance Sheet commodity groups, taking into account the quantities represented in healthy dietary patterns, particularly the EAT-Lancet reference diet, typical nutrient composition and the expected contribution of each food group to energy, protein and fat supply. The resulting percentages are therefore intended as indicative benchmarks for assessing the balance and diversity of national food availability.

¹ <https://www.fao.org/fileadmin/templates/ess/documents/methodology/tcf.pdf>

2.9 Limitations of the FBS

- a) Data gaps: unavailability of comprehensive datasets for certain agricultural commodities.
- b) Lack of localized parameters: absence of country-specific seed rates, loss ratios, feeding ratios and conversion factors.
- c) The Food Balance Sheet measures food and nutrient availability at the national level, not actual dietary intake or nutritional status. For a comprehensive assessment of food and nutrition security in Zimbabwe, the findings need be interpreted alongside results from household consumption surveys, dietary intake assessments, and nutrition surveillance.

CHAPTER 3: ANALYSIS OF FOOD BALANCE SHEET

3.1 Food available for human consumption in terms of Energy (*kilocalories per person per day*)

The amount of food available for human consumption from commodities contributing 90 percent to dietary energy supply in 2025 was **2,336.3 kilocalories (kcal)** per person per day, an increase of **1.6 percent** from **2,300.5 kcal** available per person per day in 2024. Flour of maize (maize meal) was the largest contributor at **27.3 percent** or **637.7 kcal per person per day**. Refined sugar was the second largest at **13.2 percent**, followed by broken rice at **7.5 percent** and bread at **7.2 percent**, (Table 1).

Table 1: Commodities contributing 90 percent to Kilocalories availability in 2025

Commodity	Energy (kcal/person/day)			2025 Percent contribution	2025 Cumulative percent contribution
	2023	2024	2025		
Total (Kcal/capita/day)	2,302.4	2,300.5	2,336.3		
Flour of maize (maize meal)	607.1	616.3	637.7	27.3	27.3
Refined sugar	344.7	330.4	309.0	13.2	40.5
Rice, broken	72.7	96.3	174.6	7.5	48.0
Bread	-	-	169.1	7.2	55.2
Soya bean oil	148.3	179.9	148.6	6.4	61.6
Meat of chickens, fresh or chilled	38.1	39.5	65.9	2.8	64.4
Rice, milled	20.3	32.6	59.0	2.5	66.9
Irish Potatoes	50.6	63.2	55.9	2.4	69.3
Prepared groundnuts	61.8	67.3	54.3	2.3	71.7
Peanut butter	-	13.12	53.3	2.3	73.9
Raw cane or beet sugar (centrifugal only)	44.0	42.7	45.17	1.9	75.9
Meat of cattle with the bone, fresh or chilled	24.8	20.9	43.8	1.9	77.7
Wheat and meslin flour	145.1	199.0	42.7	1.8	79.6
Oats, rolled	-	0.4	39.4	1.7	81.3
Flour of sorghum	33.8	34.1	37.7	1.6	82.9
Sweet potatoes	-	6.6	33.6	1.4	84.3
Bananas	31.1	32.3	33.6	1.4	85.7
Beans, Dry	-	13.5	23.6	1.0	86.8
Hen eggs in shell, fresh	0.2	14.6	23.1	1.0	87.7
Flour of millet	-	12.3	21.2	0.9	88.7
Avocados	18.2	21.9	20.4	0.9	89.5
Uncooked pasta, not stuffed or otherwise prepared	24.3	23.3	19.3	0.8	90.4

3.2 Food availability for human consumption in terms of Protein (grams per person per day)

Total protein supply available for 2025 from commodities contributing 90 percent of the total supply was **58.7** grams per person per day, **21.0** percent up from **48.5** grams per person per day in 2024. Cumulatively, about **fifty-two** percent of the protein supply was obtained from four products namely flour of maize (**22.5 percent**), chicken meat (**13.5 percent**), bread (**9.7 percent**) and broken rice (**6.0 percent**). (Table 2)

Table 2: Commodities contributing 90 percent to Protein availability in 2025

Grand total	Protein availability (grams per person per day)			2025 Percent contribution	2025 Cumulative percent contribution
	2023	2024	2025		
Total protein (grams per capita per day)	48.8	48.5	58.7		
Flour of maize	12.6	12.8	13.2	22.5	22.5
Meat of chickens, fresh or chilled	4.6	4.7	7.9	13.5	35.9
Bread	-	- ²	5.7	9.7	45.7
Rice, broken	1.5	1.9	3.5	6.0	51.6
Meat of cattle with the bone, fresh or chilled	1.8	1.6	3.3	5.6	57.2
Prepared groundnuts	2.6	2.9	2.3	3.9	61.2
Hen eggs in shell, fresh	0.0	1.3	2.1	3.6	64.7
Peanut butter	0.5	0.4	1.97	3.4	68.1
Beans, dry	0.6	0.7	1.6	2.7	70.8
Oats, rolled	-	-	1.4	2.4	73.2
Potatoes	1.2	1.5	1.4	2.4	75.6
Wheat and meslin flour	4.6	6.3	1.4	2.4	78.0
Rice, milled	0.4	0.7	1.2	2.0	80.0
Flour of sorghum	0.9	1.0	1.1	1.9	81.9
Cabbages	1.7	1.8	1.0	1.7	83.6
Cow peas, dry	-	0.1	0.8	1.4	85.0
Uncooked pasta, not stuffed or otherwise prepared	0.8	0.8	0.7	1.2	86.1
Food preparations n.e.c.	0.4	0.4	0.6	1.0	87.2
Flour of millet	-	0.3	0.6	1.0	88.2
Sesame seed	-	-	0.5	0.9	89.0
Bambara beans, dry	1.7	0.6	0.5	0.9	90.0

3.3 Food availability in terms of Fats (grams per person per day)

Table 3 shows that from the commodities contributing about 90 percent to fats availability, soya bean oil was the main source contributing **16.5** grams per person per day and amounting

² - Data not available

to **30.8 percent** of the total fats. Flour of maize (maize meal) contributed **10.2 percent**, as prepared groundnuts (cooked, roasted etc.) contributed **8.5 percent**. Together, these three food commodities contributed **49.0 percent** of total fat availability. Compared to 2024, the amount of fats available declined by **22.0 percent**, from **68.6** grams per person per day to **53.5** grams per person per day in 2025.

Table 3: Commodities contributing 90 percent to Fats availability in 2025

Grand total	Fat (grams per person per day)			2025 Percent contribution	2025 Cumulative percent contribution
	2023	2024	2025		
Total fats (per capita/day)	69.2	68.6	53.5		
Soya bean oil	16.5	20.0	16.5	30.8	30.8
Flour of maize	5.2	5.2	5.4	10.1	40.9
Prepared groundnuts	5.1	5.5	4.5	8.4	49.4
Peanut butter	1.0	0.8	4.4	8.2	57.6
Meat of chickens, fresh or chilled	2.2	2.3	3.8		
				7.1	64.7
Meat of cattle with the bone, fresh or chilled	1.9	1.6			
			3.4	6.4	71.0
Bread	-	-	2.1	3.9	75.0
Avocados	1.7	2.0	1.9	3.6	78.5
Hen eggs in shell, fresh	-	1.0	1.6	3.0	81.5
Sesame seed	-	-	1.4	2.6	84.1
Hydrogenated oils and fats	-	1.4	1.2	2.2	86.4
Oats, rolled	-	-	0.8	1.5	87.9
Raw milk of cattle	-	0.44	0.6	1.1	90.0
Whole milk powder	-	0.14	0.5	0.9	90.0

3.4 Nutritional contribution of food groups

3.4.1 Food groups contribution to total Energy

When considering all food groups that contributed to total dietary energy supply, cereals were the primary source of dietary energy, accounting for **52.1 percent (1,217.5 kcal)**. Sweeteners were the second largest contributor at **15.9 percent (370.8 kcal)**, followed by vegetable oils at **7.0 percent (163.6 kcal)**. The three food groups collectively contributed about **75 percent** of total dietary energy supply, (**Figure 1**).

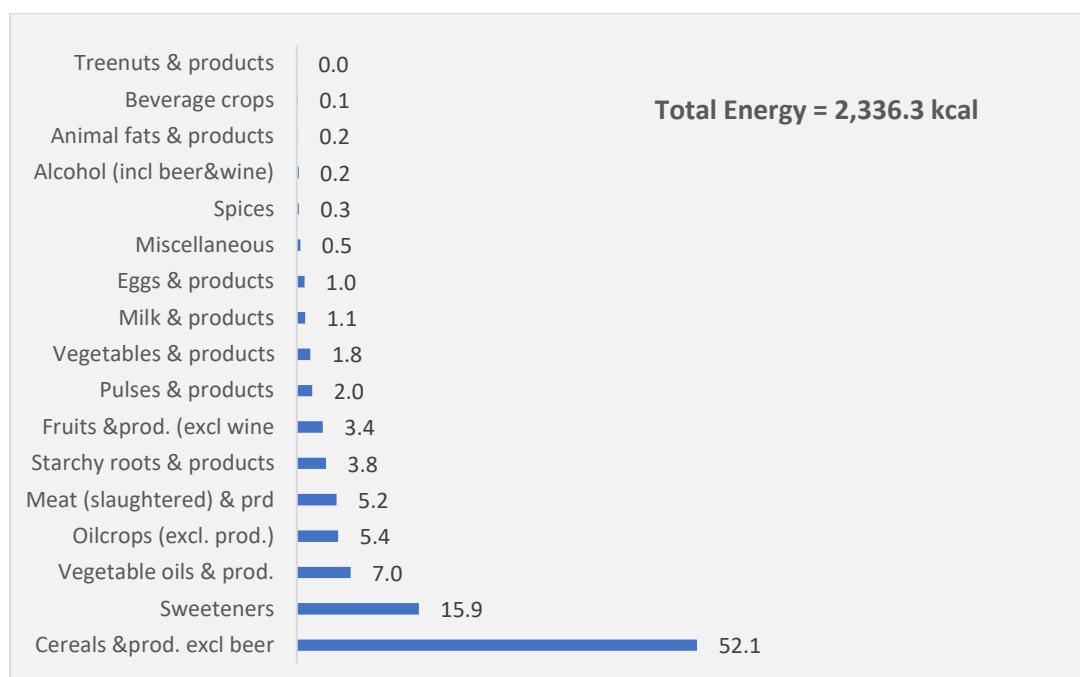


Figure 1: Percent contribution of food groups to dietary energy (kilocalories) in 2025

3.4.2 Supply of protein (grams) per person per day

Cereals were the biggest contributor to protein supply with **29.3 grams**, accounting for about **50 percent** of total protein. Meat was the second largest contributor (**12.0 grams**) translating to **20.4 percent** of total protein. The top 2 groups accounted for **70.4 percent** of the total protein. Oil crops excl. oils contributed **5.0 grams**, (around 8.5 percent) as pulses & Products had a share of **5.3 percent (3.1 grams)**. The remaining subgroups collectively contributed less than twenty percent of the total protein supply, (**Figure 2**).

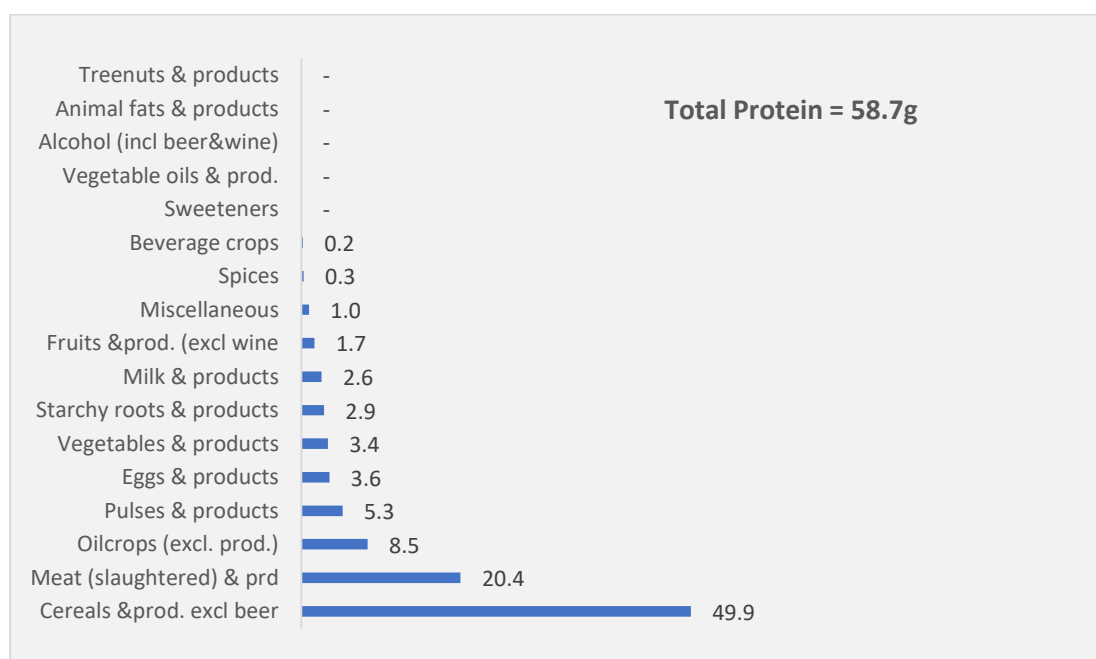


Figure 2: Percent contribution of food groups to protein (grams) in 2025

3.4.3 Supply of fats (grams) per person per day

Vegetable Oils were the largest contributor to total fat with **18.2 grams** (34.0 percent) followed by oil crops (excl. oils) accounting for **10.4 grams** (19.4 percent). The two groups accounted for more than half (53.5 percent) of the total fat. Cereals & products accounted for **10.2 grams** (19.1 percent). Meat contribution was **8.0 grams** (about 15 percent). The remaining subgroups combined accounted for less than 13 percent of the total fat supply. **(Figure 3)**

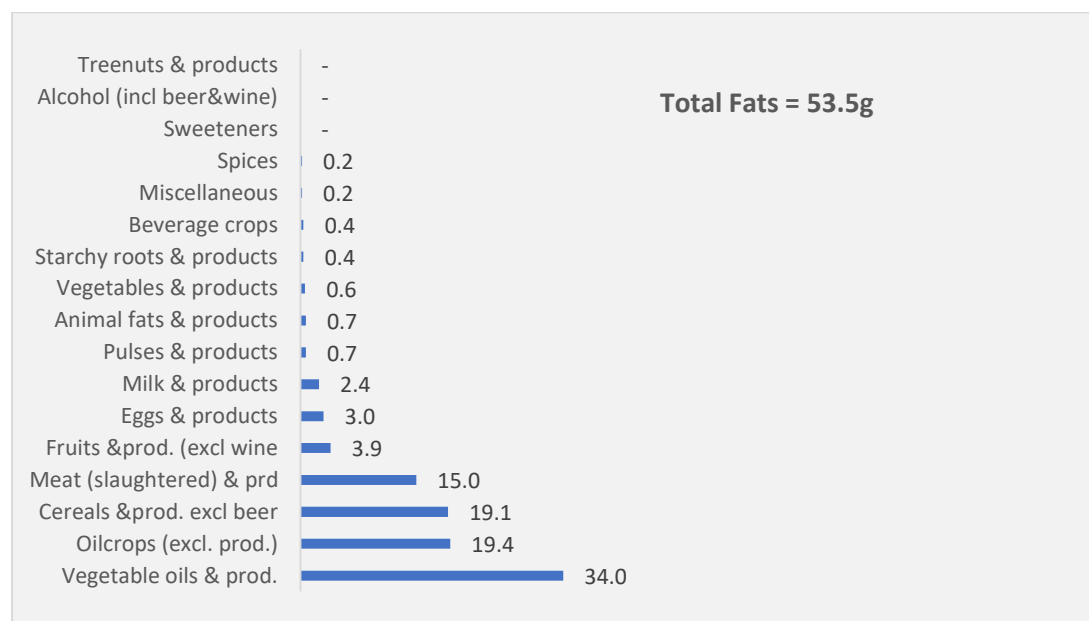


Figure 3: Percent contribution of food groups to fats (grams) in 2025

3.4.4 Supply of iron (milligrams) per person per day

Cereals were the leading source of iron supply contributing **6.5 milligrams** representing more than fifty percent of total iron, **(Figure 4)**.

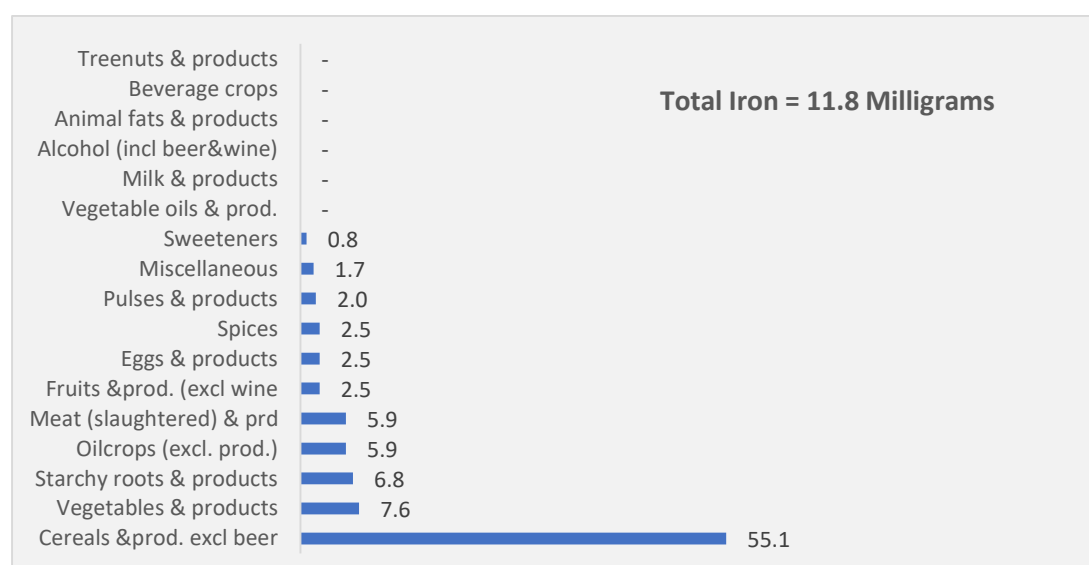


Figure 4: Percent contribution of food groups to iron (milligrams) in 2025

3.4.5 Supply of zinc per person per day

Cereals accounted for **55.7** percent of total zinc supply contributing **4.9 milligrams**. Combined with meat, the two food groups contributed **70.5 percent** of total zinc,(Figure 5).

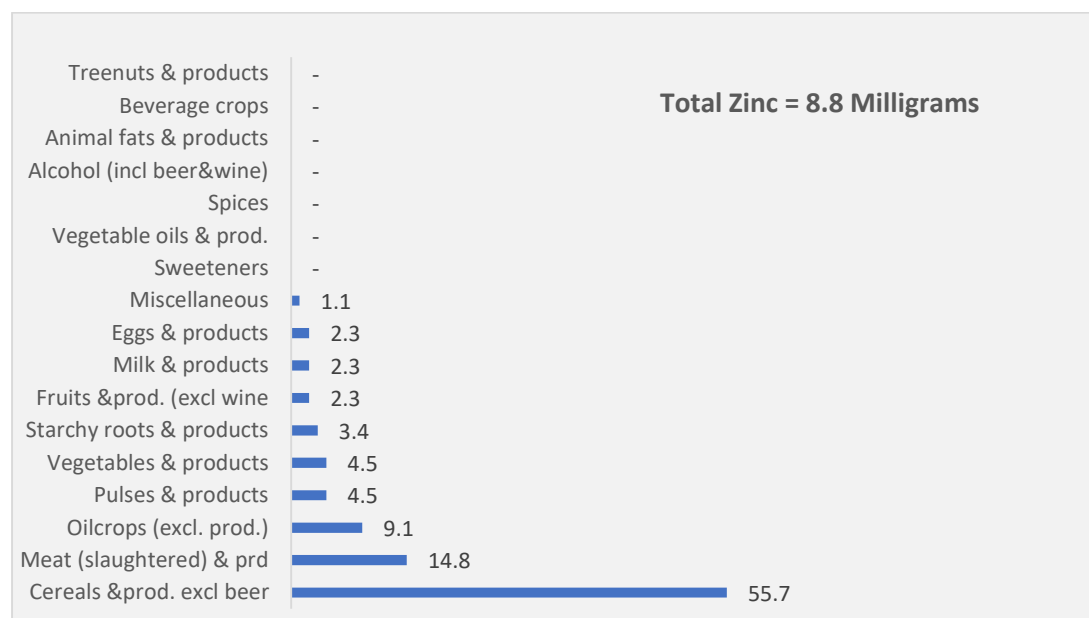


Figure 5:Percent contribution of food groups to Zinc (milligrams) in 2025

3.4.6 Supply of vitamin A per person per day

Both Vitamin A retinol equivalent (RE) and Vitamin A retinol activity equivalent (RAE) supply was most concentrated in vegetables at **281.3 micrograms** accounting for about **54 percent** of total Vitamin A, (Figure 6).

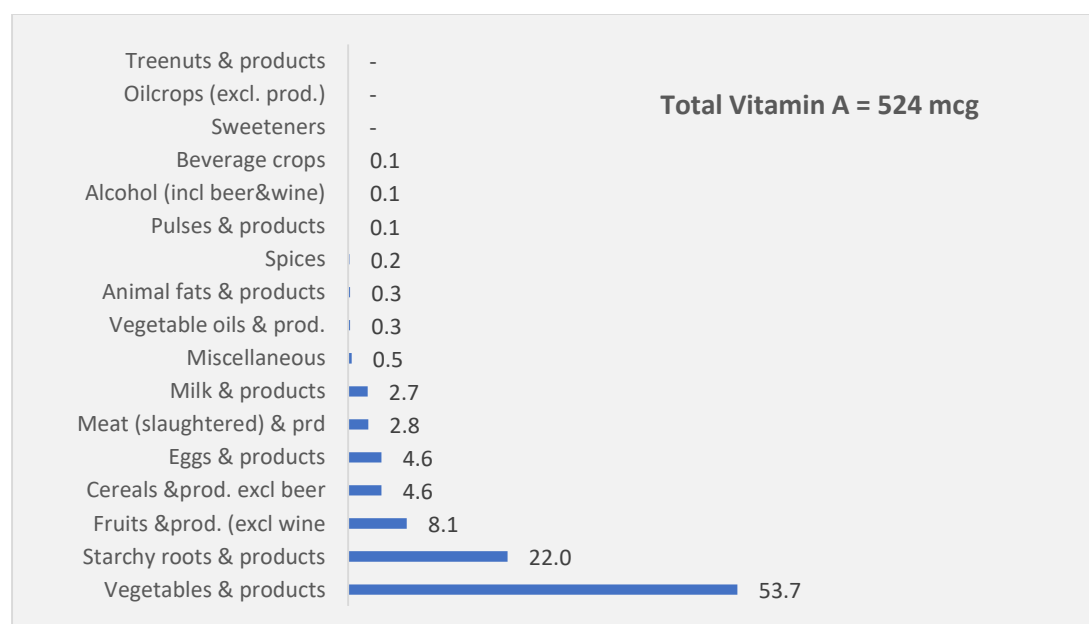


Figure 6:Percent contribution of food groups to Vitamin A (micrograms) in 2025

3.4.7 Supply of dietary fibre per person per day

Total supply of dietary fibre per person per day was **30.7 grams**. Cereals contributed about 55 percent of the total dietary fibre followed by vegetables with 11.4 percent.,(Figure 7).

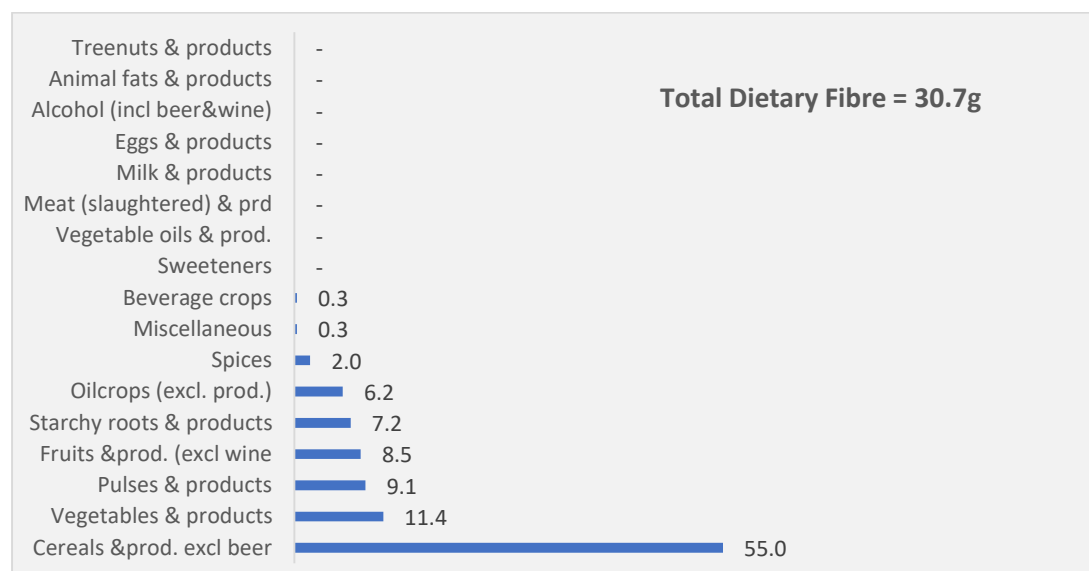


Figure 7: Percent contribution of food groups to Dietary fibre (grams) in 2025

3.4.8 Supply of potassium per person per day

Vegetables alone accounted for **15.8 percent** of total potassium. Combining with Cereals and Fruits, the three food groups accounted for **54.3 percent** of the total potassium. Animal Source Foods (Meat, Milk & Eggs) contributed **250.4 milligrams**, constituting **10.5 percent** of total potassium.,(Figure 8).

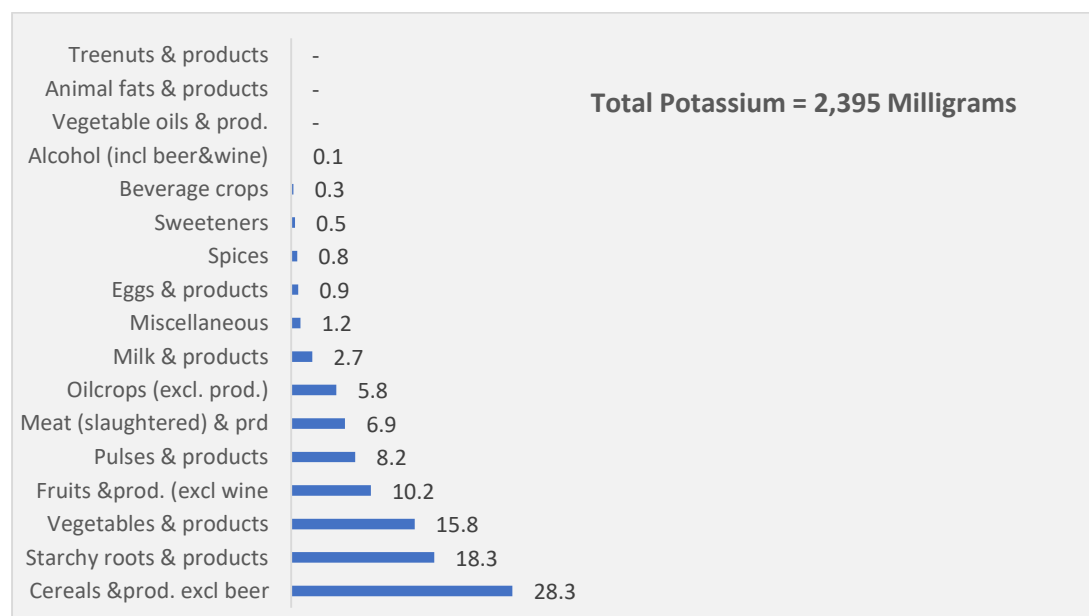


Figure 8: Percent contribution of food groups to Potassium (milligrams) in 2025

3.4.9 Self Sufficient Ratio

The self-sufficient ratio measures the extent to which domestic production meets the demand for specific commodities. In 2025, sorghum recorded the highest SSR at **96 percent** as soya bean recorded the lowest at **25 percent**. Maize SSR was **62 percent** in 2025, after declining to **27 percent** in 2024 from **86 percent** in 2023. Over the period 2022-2025, the SSRs for the top four strategic crops; maize, sorghum, wheat and soya beans, were below 100 percent, indicating domestic production was less than total domestic supply for each commodity, (Figure 9).

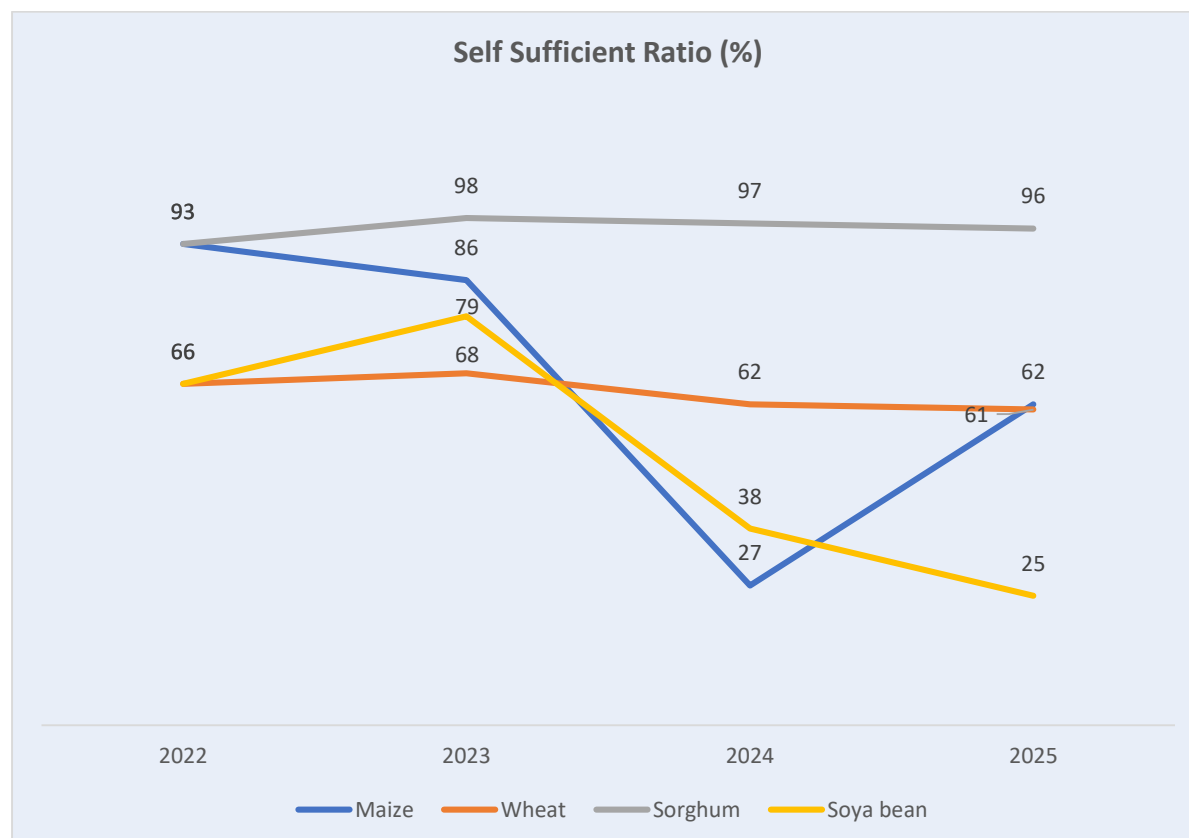


Figure 9: Self Sufficient Ratios for selected food commodities in 2025

3.4.10 Import Dependency Ratio

Soya beans registered the highest Import Dependency Ratio at **75 percent** in 2025, underscoring a reliance on imports. The second-highest was wheat at **39 percent**, followed by maize at **38 percent**. By contrast, sorghum recorded just **4 percent**, making it the least import-dependent among the four strategic crops. Wheat IDR was **39 percent** in 2025, showing an increase of **1 percent** from **38 percent** recorded in 2024. Maize IDR declined from **73 percent** in 2024 to **38 percent** in 2025, (Figure 10).

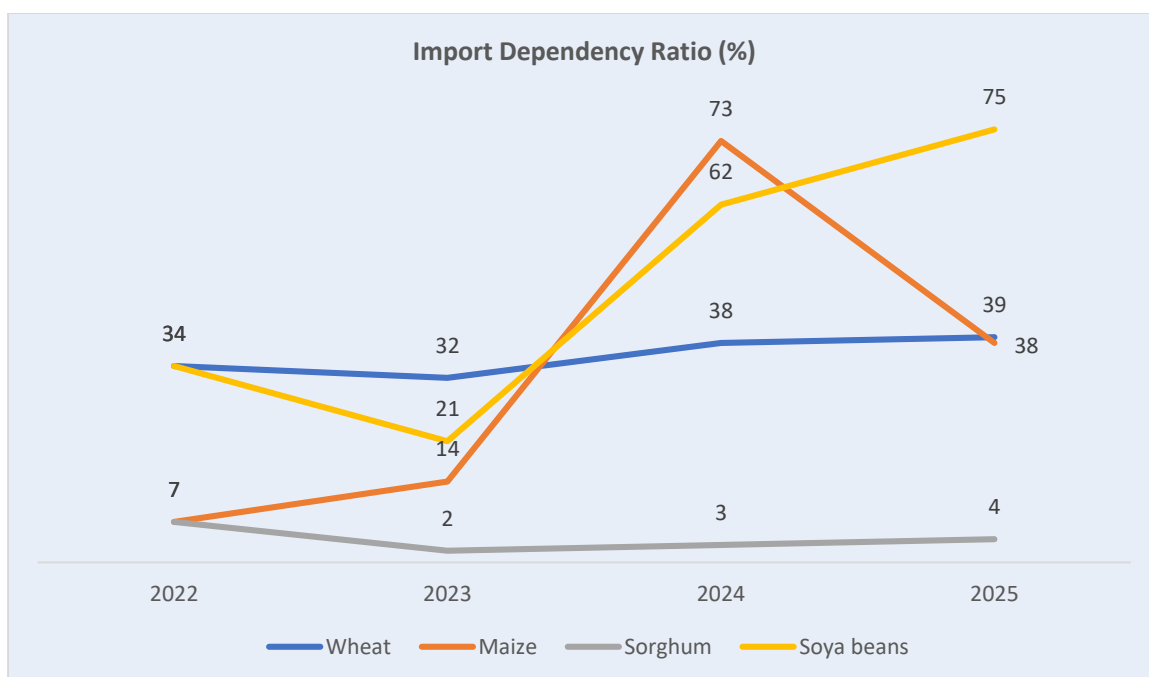


Figure 10: Import Dependency Ratios for selected food commodities in 2025

3.4.11 Dietary Benchmarks

Table 4 presents the recommended dietary benchmarks for energy, protein and fat against the 2025 FBS findings. For dietary energy, availability was adequate, with 2,336 kcal/person/day falling within the recommended range of 2,300–2,500 kcal/day. However, both protein and fat availability were below recommended levels.

Table 4: Comparison of the FBS findings with Recommended Dietary Benchmarks

Indicator/Food Group	Recommended Benchmark	Zimbabwe 2025	Assessment
Dietary Energy	2,300–2,500 kcal/day	2,336 kcal/day	Within the recommended range.
Protein	60–70 g/day	59 g/day	Below the recommended range.
Fat	60–80 g/day	53 g/day	Below the recommended range.

The detailed respective suggested benchmarks for dietary energy, protein and fat are as detailed in **Appendices 2, 3 and 4**, respectively. In **Appendix 5** is the detailed Food Balance sheet.

CHAPTER 4: CONCLUSION AND RECOMMENDATIONS

4.1 Conclusion

The 2025 FBS indicates that while national dietary energy supply is sufficient at 2,336.3 kcal per person per day, the food supply is reliant on cereals and sweeteners, causing nutritional imbalances and insufficient supply of vital nutrients like calcium and vitamin A. The analysis highlights a decline in agricultural self-sufficiency for strategic crops, with soybean showing a downward trend as its SSR dropped from 79% in 2023 to 38% in 2024, and further to 25% in 2025. The findings emphasize the need to diversify agricultural production, boost the availability of nutrient-rich foods and strengthen domestic supply chains to improve national food security and nutrition. Insights from the analysis will serve as a crucial evidence base to guide policy under the Vision 2030 and National Development Strategy 2.

4.2 Recommendations

- a) Scale-up domestic production of strategic commodities and promote local processing and value addition to reduce import dependency and strengthen national food systems.
- b) Enhance investment in nutrient-dense foods including legumes, oilseeds, fruits, vegetables, traditional grains, roots, tubers, and livestock to improve dietary diversity and micronutrient intake.
- c) Improve data collection and integration for horticultural products and other underrepresented food commodities to align agricultural production data with FBS requirements and address data gaps
- d) Develop local food conversion factors to improve the accuracy of food balance sheets and nutrition assessments.
- e) Scale up climate-smart agricultural systems to boost food production while building resilience to climate shocks and long-term environmental shifts

Appendices

Appendix 1: Contribution of food groups to nutrition in 2025

	Cereals &prod. Excl beer	Sweet eners	Vegetab le oils & prod.	Oil crops (excl. Prod.)	Meat (slaughtere d) & products	Starchy roots & products	Fruits &prod. (excl wine	Pulses & products	Vegetabl es & products	Milk & products	Eggs & products	Misc ellan eous	Spic es	Alcohol (incl beer & wine)	Animal fats & products	Beve rage crops	Tree nuts & products	Total
Energy (kcal)	1,217.5	370.8	163.6	127.0	120.4	89.7	80.2	46.3	41.2	26.6	23.1	10.6	6.5	5.7	3.6	3.4	-	2,336.3
%	52.1	15.9	7.0	5.4	5.2	3.8	3.4	2.0	1.8	1.1	1.0	0.5	0.3	0.2	0.2	0.1	-	
Protein (grams)	29.3	-	-	5.0	12.0	1.7	1.0	3.1	2.0	1.5	2.1	0.6	0.2	-	-	0.1	-	58.7
%	49.9	-	-	8.5	20.4	2.9	1.7	5.3	3.4	2.6	3.6	1.0	0.3	-	-	0.2	-	
Fat (grams)	10.2	-	18.2	10.4	8.0	0.2	2.1	0.4	0.3	1.3	1.6	0.1	0.1	-	0.4	0.2	-	53.5
%	19.1	-	34.0	19.4	15.0	0.4	3.9	0.7	0.6	2.4	3.0	0.2	0.2	-	0.7	0.4	-	
Calcium (milligrams)	86.9	7.1	-	40.3	6.0	15.5	14.7	14.2	65.7	54.1	8.1	30.8	8.4	0.3	-	0.8	-	353.1
%	24.6	2.0	-	11.4	1.7	4.4	4.2	4.0	18.6	15.3	2.3	8.7	2.4	0.1	-	0.2	-	
Carbohydrate (grams)	243.7	92.6	-	2.4	-	19.3	12.9	6.2	5.9	2.2	0.1	1.7	0.9	0.3	-	0.3	-	388.6
%	62.7	23.8	-	0.6	-	5.0	3.3	1.6	1.5	0.6	0.0	0.4	0.2	0.1	-	0.1	-	
Dietary fibre (grams)	16.9	-	-	1.9	-	2.2	2.6	2.8	3.5	-	-	0.1	0.6	-	-	0.1	-	30.7
%	55.0	-	-	6.2	-	7.2	8.5	9.1	11.4	-	-	0.3	2.0	-	-	0.3	-	
Iron (milligrams)	6.5	0.1	-	0.7	0.7	0.8	0.3	0.8	0.9	-	0.3	0.2	0.3	-	-	-	-	11.8
%	55.1	0.8	-	5.9	5.9	6.8	2.5	6.8	7.6	-	2.5	1.7	2.5	-	-	-	-	
Magnesium (milligrams)	212.6	1.8	-	42.4	13.3	23.2	18.6	23.9	22.1	4.8	2.1	3.3	3.5	0.4	-	1.3	-	373.2
%	57.0	0.5	-	11.4	3.6	6.2	5.0	6.4	5.9	1.3	0.6	0.9	0.9	0.1	-	0.3	-	
Phosphorus (milligrams)	579.9	2.0	-	87.0	108.6	49.8	22.9	48.0	51.6	44.6	32.3	32.7	3.6	0.9	0.1	2.0	-	1,066.0
%	54.4	0.2	-	8.2	10.2	4.7	2.1	4.5	4.8	4.2	3.0	3.1	0.3	0.1	0.0	0.2	-	
Potassium (milligrams)	677.5	13.1	0.1	138.6	164.2	437.1	245.3	196.5	378.4	65.0	21.2	29.4	19.5	2.4	0.1	6.7	-	2,395.0
%	28.3	0.5	0.0	5.8	6.9	18.3	10.2	8.2	15.8	2.7	0.9	1.2	0.8	0.1	0.0	0.3	-	
Riboflavin (milligrams)	0.3	-	-	-	0.1	-	-	-	0.1	0.1	0.1	-	-	-	-	-	-	0.8
%	37.5	-	-	-	12.5	-	-	-	12.5	12.5	12.5	-	-	-	-	-	-	
Thiamin (milligrams)	0.8	-	-	0.1	0.1	0.1	-	0.1	0.1	-	-	0.1	-	-	-	-	-	1.3
%	61.5	-	-	7.7	7.7	7.7	-	7.7	7.7	-	-	7.7	-	-	-	-	-	
Vitamin A RE (mcg)	24.3	-	1.4	-	14.5	115.5	42.3	0.3	218.4	14.0	24.2	2.4	1.2	0.3	1.6	0.6	-	461.1
%	5.3	-	0.3	-	3.1	25.0	9.2	0.1	47.4	3.0	5.2	0.5	0.3	0.1	0.3	0.1	-	
Vitamin A RAE (mcg)	-	-	-	-	-	-	-	-	62.9	-	-	-	-	-	-	-	-	62.9
%	-	-	-	-	-	-	-	-	100.0	-	-	-	-	-	-	-	-	
Zinc (milligrams)	4.9	-	-	0.8	1.3	0.3	0.2	0.4	0.4	0.2	0.2	0.1	-	-	-	-	-	8.8
%	55.7	-	-	9.1	14.8	3.4	2.3	4.5	4.5	2.3	2.3	1.1	-	-	-	-	-	

Appendix 2:: Energy supply (kcal) per food group per person per day

Food Group	2025 Energy (kcal/person/day)	2025 FBS Contribution (%)	Suggested Benchmark (%)
Cereals and cereal products	1,217	52.1	45–55
Starchy roots and products	89.7	3.8	5–8
Pulses and products	46.3	2.0	8–12
Oil crops (Excluding products)	127	5.4	8–12% (including pulses)
Vegetable oils and products	163.6	7.0	15–20
Fruits and products	80.2	3.4	3–5
Vegetables and products	41.2	1.8	2–3
Sweeteners	370.8	15.9	<10
Meat (slaughtered) and products	120.4	5.2	
Milk and products	26.6	1.1	
Eggs and products	23.1	1.0	
Other food groups	30	1.0	

Appendix 3:: Protein supply (g) per food group per person per day

Food Group	Protein (g/person/day)	2025 FBS Contribution (%)	Suggested Benchmark (%)
Cereals and products	29.3	58.7	35–45
Starchy roots and products	1.7	49.9	2–5
Pulses and products	3.1	2.9	20–30
Oilcrops (excluding products)	5	5.3	20–30% (including pulses)
Vegetables and products	2	8.5	3–5
Fruits and products (excluding wine)	1	3.4	2–3
Meat (Slaughtered) and products	12	1.7	
Milk and products	1.5	20.4	
Eggs and products	2.1	2.6	
Total animal-source foods	15	3.6	25–35
Sweeteners, oils, beverages, spices and miscellaneous	0	25.6	—

Appendix 4:: Fat supply (g) per food group per person per day

Food Group	Fat (g/person/day)	2025 FBS Contribution (%)	Suggested Benchmark (%)
Vegetable oils and products	18.2	34.0	45–55
Oilcrops (Excluding products)	10	18.7	15–20
Meat (Slaughtered) and products	8	15.0	10–15
Milk and products	1.3	2.4	10–15
Eggs and products	2.1	3.9	<i>(includes animal-source foods)</i>
Cereals and products	10.2	19.1	5–10
Pulses and products	0.4	0.7	2–5
Starchy roots and tubers	0.2	0.4	<2
Vegetables and vegetable products	0.3	0.6	1–3
Fruits and products (Excluding wine)	2.1	3.9	1–3

Appendix 5: Food Balance Sheet

2025 Zimbabwe Food Balance Sheet
Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY														
		Production						Losses & Rejections				Effective Availability														
Product		1000 Metric Tons										kcal l g g mg g g mg mg mg mg mg mg mc mc mg														
		Grand total	-	-	-	-	-	-	-	-	-	-	2,336	59	53	353	389	31	12	373	1,066	2,395	1	1	461	63
VEGETABLE PROD. (DEMAND)		-	-	-	-	-	-	-	-	-	-	2,163	43	42	285	386	31	11	353	881	2,145	1	1	407	63	7
ANIMAL PROD. (DEMAND)		-	-	-	-	-	-	-	-	-	-	174	16	11	68	2	0	1	20	185	250	0	0	54	-	2
CEREALS & PROD. EXCL BEER		2,883,384	1,876,137	1,965,627	12,633	534,964	74,781	-	129,558	-	2,037,103	1,217	29	10	87	244	17	7	213	580	677	0	1	24	-	5
wheat		640,195	406,344	580,000	55	-	8,457	447,059	10,106	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
maize (corn)		1,819,819	1,144,444	1,104,673	6,987	528,947	57,021	1,166,667	99,968	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
rice		251	6,357	-	-	260	7	6,268	73	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
sorghum		288,344	11,850	196,970	30	4,023	9,296	76,829	13,046	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
barley		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
rye		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
oats		-	33	-	-	31	-	-	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
millet		134,775	56	84,088	-	1,697	-	42,683	6,363	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
buckwheat		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
quinoa		-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
canary seed		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY														
		1000 Metric Tons										kcal g g mg g g mg mg mg mg mg mg mc mc mg														
Product																										
other cereals n.e.c.	-	-	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
wheat and meslin flour	380,000	1,079	-	-	-	-	309,173	-	-	-	71,906	43	1	0	3	9	1	0	6	18	23	0	0	-	-	0
flour of rice	-	1	-	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
barley flour and grits	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
flour of maize	1,050,000	205	-	11	-	-	-	-	-	-	1,050,000	638	13	5	23	129	10	3	128	302	383	0	0	20	-	2
flour of rye	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
flour of millet	35,000	-	-	-	-	-	-	-	-	-	35,000	21	1	0	5	4	1	0	7	16	20	0	0	-	-	0
flour of sorghum	63,000	-	-	1	-	-	-	-	-	-	62,999	38	1	0	1	7	1	0	10	25	31	0	0	-	-	0
flour of buckwheat	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
flour of mixed grain	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
flour of cereals nes	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
germ of wheat	9,000	-	-	3	744	-	-	-	-	-	8,253	5	0	0	1	1	0	0	4	14	14	0	0	0	-	0
bulgur	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
breakfast cereals	170	2,314	79	1,665	-	-	-	-	-	-	898	1	0	0	0	0	0	0	0	0	0	0	0	-	-	0
pot barley	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
barley, pearled	-	8	-	-	-	-	-	-	-	-	8	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
germ of maize	-	-	-	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY													
		P r o d u c t s + E x						F a c t o r s P r o d u c t i v e				E n e r g y F o o d C a l D i n k P r p e R e f r y V i Z i n c													
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg g g mg														
oats, rolled	-	61,566	-	-	-	-	-	-	-	61,566	39	1	1	6	6	1	0	14	41	37	0	0	-	-	0
cereal preparations	-	236	-	1	6	-	-	-	-	229	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
rice, milled (husked)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
rice, milled	4,200	94,117	-	-	-	-	-	-	-	98,317	59	1	0	3	13	0	0	5	21	18	0	0	-	-	0
rice, broken	-	163,315	-	128,291	-	-	-	-	-	291,606	175	4	0	6	39	1	0	16	61	50	0	0	-	-	1
husked rice	-	21	-	-	-	-	-	-	-	21	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
mixes and doughs for the preparation of bakers' wares	-	150	-	12	-	-	-	-	-	138	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
starch of wheat	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
wheat gluten	-	721	-	-	-	-	-	-	-	721	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
starch of rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
starch of maize	-	3,731	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
communion wafers, empty cachets of a kind suitable for pharmaceutical use, sealing wafers, rice paper and similar products.	-	117	-	29	-	-	-	-	-	87	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY					DOMESTIC UTILIZATION					AVAILABILITY PER CAPITA PER DAY														
		Production					Losses					Per Capita Daily Availability														
Product		1000 Metric Tons									kcal	g	g	mg	g	g	mg	mg	mg	mg	mg	mg	mg	mcg	mcg	mg
uncooked pasta, not stuffed or otherwise prepared	-	31,957	-	-	-	-	-	-	-	31,957	19	1	0	1	4	0	0	3	9	12	0	0	0	-	-	0
malt extract	-	2,208	-	-	-	-	-	-	-	2,208	1	0	-	0	0	-	0	0	1	1	0	0	-	-	-	0
food preparations of flour, meal or malt extract	-	2,208	-	45	-	-	-	-	-	2,253	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
malt, whether or not roasted	-	44	-	7	1,240	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of wheat	-	646	-	-	646	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of barley	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of maize	-	11,707	-	759	10,948	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of rye	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of oats	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of millet	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of sorghum	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of buckwheat	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bran of cereals nes	-	36,975	-	-	36,975	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
rice, gluten	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY															
		Produced in the S. E. v						Feedstock for L. i. f. f.			Exported for C. o. a. D. i. n. k. P. r. a. c. R. i. t. v. V. i. Z. i. n. c.															
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg g g mg															
maize gluten	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
bread	360,000	85	-	0	-	-	-	-	-	360,085	169	6	2	37	31	2	1	19	68	85	0	0	3	-	-	1
pastry	9,000	5,298	-	1,669	-	-	-	-	-	12,629	9	0	0	1	1	0	0	0	3	3	0	0	1	-	-	0
STARCHY ROOTS & PRODUCTS	606,919	24,198	-	106,350	120	-	-	-	24,911	4,758	705,634	90	2	0	15	19	2	1	23	50	437	0	0	116	-	0
potatoes	391,315	17,845	-	106,350	120	-	-	-	8,740	-	504,606	56	1	0	6	12	1	1	17	37	338	0	0	1	-	0
cassava, fresh	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
cassava, dried	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
sweet potatoes	215,604	-	-	-	-	-	-	-	16,171	-	199,433	34	0	0	9	7	1	0	7	13	99	0	0	115	-	0
yams	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
taro	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible roots and tubers with high starch or inulin content, n.e.c., fresh	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible roots and tubers with high starch or inulin content, n.e.c., dry	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
potatoes, frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY																
		P r o d . I n t e r S . E x						F e e S e P s I c I i f F			E r p s F e C C a D i I n K p r P r P c R i T r V i V i Z i n c																
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg mg g g mg																
		flour, meal, powder, flakes, granules and pellets of potatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
flour of cassava	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
flour of roots and tubers nes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
starch of potatoes	-	22	-	-	-	-	-	-	22	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
starch of cassava	-	1,015	-	-	-	-	-	-	1,015	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
tapioca of potatoes	-	130	-	-	-	-	-	-	-	130	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0	
tapioca of cassava	-	130	-	-	-	-	-	-	-	130	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0	
SUGARCROPS (EXCL. PROD.)	6,707,884	-	-	-	-	-	6,513,116	203,790	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
sugar beet	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
sugar cane	6,707,884	-	-	-	-	-	6,513,116	203,790	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SWEETENERS	1,063,810	29,467	280,533	51,085	-	-	35,870	-	-	736,627	371	0	0	7	93	0	0	2	2	13	0	0	0	0	-	0	
natural honey	-	30	15	-	-	-	-	-	-	45	0	0	-	0	0	0	0	0	0	0	0	0	0	-	-	0	
fructose, chemically pure	-	7	-	-	-	-	-	-	-	7	0	-	-	-	0	-	0	-	-	-	-	-	-	-	-	-	

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY															
		Production + Exports						Food Supply			Energy: kcal; Protein: g; Fat: g; Carbohydrate: g; Vitamins: mg; Minerals: mg															
Product		1000 Metric Tons									kcal g g mg g g mg mg mg mg mg mg mc mc mg															
other fructose and syrup	-	0	-	-	-	-	-	-	-	0	0	-	-	-	0	-	0	-	0	-	-	-	-	-	-	-
sugar and syrups nes	-	102	-	-	-	-	-	-	-	102	0	0	-	0	0	-	0	0	0	0	0	0	-	-	0	
glucose and dextrose	-	3,642	-	2,616	-	-	-	-	-	6,258	4	-	-	0	1	-	0	0	0	0	-	-	-	-	-	
lactose	-	8	-	-	-	-	-	-	-	8	0	-	0	0	0	-	-	0	0	0	-	-	-	-	-	
isoglucose	-	102	-	-	-	-	-	-	-	102	0	-	-	-	0	-	-	-	-	-	0	-	-	-	-	0
cane sugar, non-centrifugal	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
raw cane or beet sugar (centrifugal only)	898,810	4,322	-	49,006	-	-	794,965	-	-	70,000	45	0	-	5	11	-	0	1	1	10	-	-	-	-	0	
refined sugar	731,368	12,265	260,512	-	-	-	33,000	-	-	450,120	309	-	-	2	77	-	0	1	-	2	-	-	-	-	0	
refined cane or beet sugar, in solid form, containing added flavouring or colouring matter; maple sugar and maple syrup	-	6	-	1	-	-	-	-	-	7	0	-	0	0	0	-	0	0	0	0	0	0	-	-	0	
molasses (from beet, cane and maize)	-	11,710	-	-	11,710	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
sugar confectionery	-	2,170	-	267	-	-	-	-	-	1,903	1	0	0	0	0	0	0	0	0	0	0	0	0	-	0	

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY																								
		1000 Metric Tons									kcal l g g mg g g mg mg mg mg mg mg mc g g mg																								
other non-alcoholic beverages n.e.c	165,000	5,559	-	1,789	-	-	-	-	-	168,770	11	-	-	1	3	-	-	0	1	1	-	-	-	-	-	-	-	-	-	-	-	0			
PULSES & PRODUCTS	83,788	16,875	9,829	35	1,389	-	-	5,014	-	84,046	46	3	0	14	6	3	1	24	48	197	0	0	0	-	0	-	0	-	0	-	0	-	0		
beans, dry	30,640	14,531	-	34	-	-	-	1,943	-	43,326	24	2	0	10	3	1	0	12	28	106	0	0	0	-	0	-	0	-	0	-	0	-	0		
broad beans and horse beans, dry	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-			
chick peas, dry	-	16	-	-	-	-	-	1	-	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	-	0	-	0	-	0		
lentils, dry	-	41	3	-	-	-	-	-	-	44	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	-	0	-	0	-	0		
peas, dry	-	1,792	28	0	37	-	-	-	-	1,300	1	0	0	0	0	0	0	0	1	2	0	0	0	0	-	0	-	0	-	0	-	0	-	0	
cow peas, dry	22,078	388	1,334	0	1,352	-	-	674	-	21,774	12	1	0	3	2	1	0	6	13	48	0	0	0	-	0	-	0	-	0	-	0	-	0	-	0
pigeon peas, dry	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
bambara beans, dry	31,070	106	11,856	0	-	-	-	2,396	-	16,924	9	1	0	1	1	1	0	5	7	39	0	0	-	-	-	-	-	-	-	-	-	-	-	-	
other pulses n.e.c.	-	-	662	-	-	-	-	-	-	662	0	0	0	0	0	0	0	0	0	1	0	0	0	-	0	-	0	-	0	-	0	-	0	-	0
flour of pulses	-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	-	0	-	0	-	0	-	0	-	0
bran of pulses	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
TREENUTS & PRODUCTS	-	26	12	-	-	-	-	-	-	38	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	-	0	-	0	-	0	-	0	-	0
almonds, in shell	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	-	0	-	0	-	0	-	0	-	0

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY															
		PROD.						F&S			PER CAPITA PER DAY															
Product		1000 Metric Tons									kcal g g mg g g mg mg mg mg mg mg mc mc mg															
											l	g	g	mg	g	g	mg	mg	mg	mg	mg	mg	mg	g	g	mg
cashew nuts, in shell	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
chestnuts, in shell	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
hazelnuts, in shell	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
pistachios, in shell	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
walnuts, in shell	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
brazil nuts, in shell	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
kola nuts	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
other nuts (excluding wild edible nuts and groundnuts), in shell, n.e.c.	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
almonds, shelled	-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
hazelnuts, shelled	-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
cashew nuts, shelled	-	3	-	-	-	-	-	-	-	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
brazil nuts, shelled	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
walnuts, shelled	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
prepared nuts	-	8	12	0	-	-	-	-	-	20	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	0
OILCROPS (EXCL. PROD.)	117,245	235,067	104,500	39,458	35,598	-	1,107	19,334	5,551	180,594	127	5	10	40	2	2	1	42	87	139	0	0	0	-	1	1

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY														
		1000 Metric Tons									kcal g g mg g g mg mg mg mg mg mg mc mc mg														
Product		1000 Metric Tons																							
soya beans	57,750	174,033	212,511	723	-	-	-	16,173	-	2,376	2	0	0	1	0	0	0	1	2	7	0	0	0	-	0
groundnuts, excluding shelled	-	1,701	-	-	-	-	142,692	128	-	1,810	1	0	0	0	0	0	0	0	1	1	0	0	0	-	0
cottonseed	-	7,091	-	-	1,610	-	-	-	5,481	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
linseed	-	10	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
mustard seed	-	10	-	-	2	-	-	-	-	8	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
rapeseed or colza seed	-	70	-	-	-	-	-	-	70	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
sesame seed	20,667	8	-	3,758	707	-	-	-	-	16,210	16	1	1	29	0	0	0	10	18	13	0	0	0	-	0
sunflower seed	38,828	1,500	34,944	-	1,084	-	1,107	3,033	-	160	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
safflower seed	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
castor oil seeds	-	36	-	944	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
poppy seed	-	0	-	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
melonseed	-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
other oil seeds, n.e.c.	-	4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
olives	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
coconuts, in shell	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
palm kernels	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
copra	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY															
		P r o d . I n d u s . E x						F e e d S e e p L i c I f f e			E t r p i f f e C o a D i i N e p r p e R e t r v i v i N i n c															
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mc mc mg															
		kapokseed, shelled	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
groundnuts, shelled	92,750	11,384	-	-	-	-	103,821	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
coconuts, desiccated	-	27	-	-	-	-	-	-	-	27	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
prepared groundnuts	51,250	92	-	0	-	-	-	-	-	51,200	54	2	4	6	1	1	0	15	35	60	0	0	-	-	-	0
peanut butter	50,000	92	-	0	-	-	-	-	-	50,091	53	2	4	5	1	1	0	16	30	57	0	0	-	-	-	0
flours and meals of oil seeds or oleaginous fruits, except those of mustard	-	25,759	-	0	25,759	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
soya sauce	-	226	-	101	3	-	-	-	-	324	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
soya paste	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
flour of mustard seed	-	27	-	3	-	-	-	-	-	24	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
soya curd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
olives preserved	33,000	387	-	33,531	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
VEGETABLE OILS & PROD.	498	252,537	86,024	2,025	-	-	-	-	52,996	112,438	164	0	18	0	0	-	0	0	0	0	0	-	1	-	-	0
soya bean oil	-	196,063	100,000	117	-	-	-	-	-	95,946	149	-	17	-	-	-	-	-	-	-	-	-	-	-	-	0
groundnut oil	-	3	-	-	-	-	-	-	-	3	0	-	0	-	-	-	0	-	0	-	-	-	-	-	-	0

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY																
		P r o d . I n t e r s . E x						F e e s a p p l i c a t i o n			E n e r g y C o n s . D i e t a r y P r o p o r t i o n s N i n c																
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg mc mc mg																
		sunflower-seed oil, crude	498	223	-	65	-	-	-	-	-	657	1	-	0	-	-	-	-	-	-	-	-	-	-	-	-
safflower-seed oil, crude	-	223	-	-	-	-	-	-	-	-	223	0	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-
rapeseed or canola oil , crude	-	20	-	-	-	-	-	-	-	-	20	0	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-
mustardseed oil, crude	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
palm oil	-	39,396	13,600	-	-	-	-	-	-	52,996	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
coconut oil	-	88	56	-	-	-	-	-	-	-	144	0	-	0	0	-	-	0	-	-	0	-	-	-	-	0	0
olive oil	-	61	-	-	-	-	-	-	-	-	61	0	-	0	-	-	-	0	-	0	-	-	-	0	-	0	0
oil of olive residues	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
cottonseed oil	-	-	-	448	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
oil of rice bran	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
oil of maize	-	4	-	-	-	-	-	-	-	-	4	0	-	0	0	-	-	0	-	-	-	-	-	0	-	-	-
oil of castor beans	-	5	5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
oil of tung nuts	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
oil of sesame seed	-	1	-	-	-	-	-	-	-	-	1	0	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-
oil of kapok	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
oil of linseed	-	2	10	13	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
oil of palm kernel	-	762	91	-	-	-	-	-	-	-	853	1	-	0	0	-	-	0	-	-	0	-	-	-	-	0	0

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY					DOMESTIC UTILIZATION					AVAILABILITY PER CAPITA PER DAY														
Product		1000 Metric Tons									kcal	g	g	mg	g	g	mg	mg	mg	mg	mg	mg	mg	mcg	mcg	mg
other oil of vegetable origin, crude n.e.c.	-	2	-	224	226	-	-	-	-	-	0	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-
castor oil, hydrogenated	-	7,290	-	-	-	-	-	-	-	-	7,290	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
liquid margarine	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
margarine and shortening	-	1,652	-	1,157	-	-	-	-	-	-	495	1	0	0	0	0	-	0	0	0	0	0	-	0	-	0
residues of fatty substances	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
cocoa butter, fat and oil	-	198	-	-	-	-	-	-	-	-	198	0	-	0	-	-	-	-	-	-	-	-	-	-	-	-
industrial monocarboxylic fatty acids; acid oils from refining	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
animal or vegetable fats and oils and their fractions, chemically modified, except those hydrogenated, inter-esterified, re-esterified or elaidinized; inedible mixtures or preparations of	-	0	-	-	-	-	-	-	-	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY					DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY																	
		Produced in the S. E. v					Feedstock, L i f f e				Expenditure on food, drink, and other uses, V. V. N. i n c																	
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg mc mc mg																	
		animal or vegetable fats or oils																										
hydrogenated oils and fats	-	7,404	-	-	-	-	-	-	-	-	7,404	11	0	1	0	-	-	-	-	0	0	-	-	1	-	0		
VEGETABLES & PRODUCTS	987,714	7,583	-	6,730	-	-	-	66,413	-	926,568	41	2	0	66	6	3	1	22	52	379	0	0	218	63	0			
asparagus	0	-	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
cabbages	360,920	-	-	-	-	-	-	29,699	-	331,221	12	1	0	49	1	1	1	11	23	174	0	0	89	44	0			
cauliflowers and broccoli	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
lettuce and chicory	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
spinach	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
artichokes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
watermelons	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
cantaloupes and other melons	-	53	-	-	-	-	-	3	-	50	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
chillies and peppers, green (capsicum spp. and pimenta spp.)	1	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
cucumbers and gherkins	1,140	-	-	-	-	-	-	61	-	1,079	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
eggplants (aubergines)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY														
		Production + Exports						Food Supply			Food Supply - Domestic Utilization = Net Availability														
Product		1000 Metric Tons									kcal g g mg g g mg mg mg mg mg mg g g mg														
tomatoes	314,468	-	-	-	-	-	-	25,900	-	288,568	10	0	0	5	1	1	0	5	13	108	0	0	38	19	0
pumpkins, squash and gourds	-	12	-	-	-	-	-	-	-	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
other beans, green	-	465	-	-	-	-	-	39	-	426	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
peas, green	2,180	-	-	3,053	-	-	-	162	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
broad beans and horse beans, green	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
carrots and turnips	74,480	0	-	-	-	-	-	741	-	73,739	3	0	0	4	1	0	0	1	4	31	0	0	88	-	0
green garlic	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
onions and shallots, dry (excluding dehydrated)	234,525	-	-	-	-	-	-	9,808	-	224,717	15	0	0	9	3	1	0	5	12	63	0	0	2	-	0
leeks and other alliaceous vegetables	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
mushrooms and truffles	-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
green corn (maize)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
other vegetables, fresh n.e.c.	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
locust beans (carobs)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
chicory roots	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY															
		Production						Losses				Per Capita Daily Availability															
Product		1000 Metric Tons										kcal l g g mg g g mg mg mg mg mg mg g g mg															
		vegetable products, fresh or dry nes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
sweet corn, frozen	-	3	-	-	-	-	-	-	-	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
tomato juice	-	4	12	-	-	-	-	-	-	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
other vegetable juices	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
other vegetables provisionally preserved	-	1	-89	89	-	-	-	-	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
vegetables, pulses and potatoes, preserved by vinegar or acetic acid	-	417	-	3,531	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
dried mushrooms	-	5	-	-	-	-	-	-	-	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
vegetables, dehydrated	-	18	1	0	-	-	-	-	-	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
canned mushrooms	-	18	-	-	-	-	-	-	-	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
paste of tomatoes	-	520	-	0	-	-	-	-	-	520	0	0	0	0	0	0	0	0	0	1	0	0	0	0	-	0	
tomatoes, peeled (o/t vinegar)	-	34	-10	-	-	-	-	-	-	44	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
sweet corn, prepared or preserved	-	24	-8	-	-	-	-	-	-	32	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
coffee substitutes	-	77	-	0	-	-	-	-	-	77	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0	

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY															
		Produced in the S. E. x						For Sale, Public Use			For Private Use, Domestic Production, Imports, Exports, Net Imports															
Product		1000 Metric Tons									kca											mc	mc			
											l	g	g	mg	g	g	mg	mg	mg	mg	mg	mg	g	g	mg	
homogenized vegetable preparations	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
vegetables preserved nes (o/t vinegar)	-	3,434	- 94	41	-	-	-	-	-	3,487	0	0	0	0	0	0	0	0	0	1	0	0	2	-	0	
vegetables frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
vegetables preserved (frozen)	-	3	-	-	-	-	-	-	-	3	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
FRUITS &PROD. (EXCL WINE	893,263	33,741	- 10,350	95,927	-	-	-	73,022	-	791,451	80	1	2	15	13	3	0	19	23	245	0	0	42	-	0	
avocados	109,800	-	-	2,573	-	-	-	8,868	-	98,359	20	0	2	2	0	1	0	3	6	53	0	0	1	-	0	
bananas	325,400	-	-	2,311	-	-	-	27,219	-	295,870	34	0	0	2	7	1	0	10	8	108	0	0	11	-	0	
plantains and others	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
dates	-	52	-	-	-	-	-	-	-	52	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
figs	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
mangoes, guavas, mangosteens	136,917	1	-	-	-	-	-	11,388	-	125,530	9	0	0	2	2	1	0	2	3	29	0	0	26	-	0	
papayas	-	5	-	-	-	-	-	-	-	5	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
pineapples	12,272	2	-	-	-	-	-	252	-	12,022	1	0	0	0	0	0	0	0	2	0	0	0	-	0		
other tropical fruits, n.e.c.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY														
		Produced in the S. E.						For Sale in the F.			Per Person Per Day in the Country														
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg g g mg														
		pomelos and grapefruits	1,258	2	-	1,260	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
lemons and limes	76,196	1	-	5,471	-	-	-	6,337	-	64,389	3	0	0	2	1	0	0	1	1	13	0	0	0	-	0
oranges	212,580	-	-	54,494	-	-	-	17,682	-	140,404	8	0	0	6	2	0	0	2	3	30	0	0	2	-	0
tangerines, mandarins, clementines	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
other citrus fruit, n.e.c.	1,201	463	-	1,664	-	-	-	35	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
grapes	-	1,360	-	-	-	-	-	73	-	1,287	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
apples	6,524	9,740	-	10,199	24	-	-	487	-	25,951	2	0	0	0	0	0	0	0	0	4	0	0	0	-	0
pears	-	1,405	-	-	-	-	-	22	-	1,383	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
quinces	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
apricots	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
sour cherries	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
cherries	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
peaches and nectarines	10,080	242	-	211	-	-	-	636	-	9,475	1	0	0	0	0	0	0	0	0	3	0	0	1	-	0
plums and sloes	-	656	-	-	-	-	-	20	-	636	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
other stone fruits	446	11	-	457	-	-	-	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
currants	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
kiwi fruit	-	46	-	-	-	-	-	-	-	46	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY															
		Produced in the S. E. x						For Sale Public Use			Exported to Foreign Countries; Imported from Foreign Countries; Net Change															
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg g g mg															
		raspberries	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
strawberries	142	-	-	142	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
other berries and fruits of the genus vaccinium	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
persimmons	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
other fruits n.e.c.	446	11	-	457	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
raisins	-	63	- 4	-	-	-	-	-	-	67	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
plums, dried	-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
apricots, dried	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
figs, dried	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
other tropical fruit, dried	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
other fruit n.e.c., dried	-	69	-	54	-	-	-	-	-	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
orange juice	-	20	- 75	0	-	-	-	-	-	95	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
orange juice, concentrated	-	159	-	4,661	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
grapefruit juice	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
grapefruit juice, concentrated	-	1	-	56	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
pineapple juice	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY														
		P r o d . I n t e r S . E x						F e e S e p . I n t e r F e				E r p . F e e C O a . D . I n K e p . F a c R . T r V . V . Z i n c														
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg mc mc mg															
		juice of pineapples, concentrated	-	33	-	-	-	-	-	-	33	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-
grape juice	-	1,039	41	0	-	-	-	-	-	1,080	0	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0
apple juice	-	649	-	-	-	-	-	-	-	649	0	0	0	0	0	-	0	0	0	0	0	0	0	0	-	0
apple juice, concentrated	-	1,814	-	0	-	-	-	-	-	1,814	1	0	0	0	0	0	0	0	0	1	0	0	-	-	0	
juice of tangerine	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
juice of lemon	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
lemon juice, concentrated	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
juice of citrus fruit nes	-	-	-	5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
citrus juice, concentrated nes	-	101	-	1	-	-	-	-	-	100	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
juice of plum, concentrated	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
juice of mango	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Juice of fruits n.e.	-	9,741	-	2,986	-	-	-	-	-	6,756	1	0	0	0	0	0	0	0	0	2	0	0	0	-	0	
pineapples, otherwise prepared or preserved	-	353	-	-	-	-	-	-	-	353	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
mango pulp	-	115	-	0	-	-	-	-	-	115	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
flour of fruits	-	0	-	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY																
		Produced in the S + Ex						For Sale, Public Use			Export, For C C a : D : I : N : C : P : R : T : V : V : Z : i : n : c																
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg mc mc mg																
		fruit, nuts, peel, sugar preserved	-	0	-	-	-	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
homogenized cooked fruit, prepared		-	10	-	0	-	-	-	-	-	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0
must of grape fruit prepared n.e.c.		-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0	
		-	67	-	315	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
BEVERAGE CROPS		13,706	2,552	631	8,855	-	-	-	691	-	7,343	3	0	0	1	0	0	0	1	2	7	0	0	1	-	0	
coffee, green		560	21	-	120	-	-	-	30	-	431	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
tea leaves		13,146	238	-	8,725	-	-	-	661	-	3,998	0	0	0	0	0	0	0	0	1	0	0	1	-	0		
maté leaves		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
cocoa beans		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
cocoa paste not defatted		-	6	-	-	-	-	-	-	-	6	0	0	0	0	0	0	0	0	0	0	0	0	-	-	0	
coffee, decaffeinated or roasted		-	44	-	0	-	-	-	-	-	44	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
coffee extracts		-	143	-	-	-	-	-	-	-	143	0	0	0	0	0	0	0	0	1	0	-	-	-	0		
extracts, essences and concentrates of tea or mate and preparations with a basis thereof or with		-	35	-	1	-	-	-	-	-	36	0	-	0	0	0	-	-	0	0	0	-	-	-	-	0	

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY														
		Produced in the S. E.						For Sale in the S. E.				For People of the Country: Drink, Food, etc. For Veterinary Use														
Product		1000 Metric Tons									kcal	g	g	mg	g	g	mg	mg	mg	mg	mg	mg	mg	mcg	mcg	mg
a basis of tea or maté																										
cocoa powder and cake	-	281	-	1	-	-	-	-	-	280	0	0	0	0	0	0	0	0	0	1	0	0	0	-	0	
chocolate products nes	-	2,185	-	1,256	17	-	-	-	-	3,425	3	0	0	1	0	0	0	1	1	4	0	0	0	-	0	
SPICES	14,120	531	878	1,484	-	-	-	657	-	12,575	7	0	0	8	1	1	0	4	4	20	0	0	1	-	0	
pepper (piper spp.), raw	14,120	33	884	520	-	-	-	631	-	12,118	6	0	0	8	1	1	0	3	3	19	0	0	1	-	0	
chillies and peppers, dry (capsicum spp. and pimenta spp.), raw	-	4	-	946	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
nutmeg, mace, cardamoms, raw	-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
anise, badian, coriander, cumin, caraway, fennel and juniper berries, raw	-	30	-	-	-	-	-	1	-	29	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
cinnamon and cinnamon-tree flowers, raw	-	6	-	-	-	-	-	-	-	6	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
cloves (whole stems), raw	-	4	-	-	-	-	-	-	-	4	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
ginger, raw	-	3	-	-	-	-	-	-	-	3	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	
vanilla, raw	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
other stimulant, spice and	-	450	-	18	-	-	-	25	-	414	0	0	0	0	0	0	0	0	0	1	0	0	0	-	0	

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY														
		Production						Losses				Per Capita Availability														
Product		1000 Metric Tons									kcal g g mg g g mg mg mg mg mg mg mg g g mg															
aromatic crops, n.e.c.																										
ALCOHOL (INCL BEER&WINE)	-	33,961	-	184	-	-	-	-	2,647	31,129	6	0	0	0	0	-	0	0	1	2	0	0	0	-	0	
undenatured ethyl alcohol of an alcoholic strength by volume of 80% vol or higher	-	2,647	-	-	-	-	-	-	2,647	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
undenatured ethyl alcohol of an alcoholic strength by volume of less than 80% vol; spirits, liqueurs and other spirituous beverages	-	7,125	-	163	-	-	-	-	-	6,962	3	0	0	0	0	-	0	0	0	0	0	-	0	-	0	
wine	-	7,113	-	0	-	-	-	-	-	7,112	1	0	-	0	0	-	0	0	0	1	0	-	-	-	0	
vermouth and other wine of fresh grapes flavoured with plats or aromatic substances	-	4	-	0	-	-	-	-	-	4	0	0	-	0	0	-	0	0	0	0	-	-	-	-	0	
wheat-fermented beverages	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
		P r o d u c t						F e e d s a n d P a s t i l i f e r s				P e r P e r s o n P e r D a y																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg mg mc mc mg																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY															
		Production Imports + Exports						Feed Stock Processing Losses			Exports Feed Cattle Dairy Milk Poultry Eggs Vegetables Zinn															
Product		1000 Metric Tons									kcal g g mg g g mg mg mg mg mg mg mc mc mg															
meat of cattle boneless, fresh or chilled	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
meat of pig with the bone, fresh or chilled	23,790	510	8,922	-	-	-	8,000	-	-	7,378	3	0	0	0	-	-	0	0	2	3	0	0	0	-	0	
meat of pig boneless, fresh or chilled	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
meat of sheep, fresh or chilled	2,030	-	-	-	-	-	-	-	-	2,030	1	0	0	0	-	-	0	0	1	1	0	0	0	-	0	
meat of goat, fresh or chilled	11,981	-	-	-	-	-	-	-	-	11,981	3	0	0	0	0	-	0	0	4	6	0	0	0	-	0	
meat of chickens, fresh or chilled	260,506	17,528	-	-	-	-	-	-	-	278,034	66	8	4	4	-	-	0	9	70	102	0	0	10	-	1	
meat of ducks, fresh or chilled	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
meat of geese, fresh or chilled	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
meat of turkeys, fresh or chilled	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
game meat, fresh, chilled or frozen	-	-	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
other meat n.e.c., fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
pig meat, cuts, salted, dried or smoked (bacon and ham)	-	1	-	-	-	-	-	-	-	1	0	0	0	0	0	-	0	0	0	0	0	0	0	-	0	

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY														
		Produced in the S + Ex						Food Supply in the F + F				Estimated Food Supply in the F + F														

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY														
		P r o d . I n t r s . E x						F e e S e P p L i r F e			E r p r F e C C a : D i i N c p r P e R : T r V i V i Z i n c														
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mc mc g g mg														
pig meat preparations	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
poultry meat preparations	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
meat prepared n.e.c.	-	10	-	-	-	-	-	-	-	10	0	0	0	0	0	-	0	0	0	0	0	0	0	-	0
OFFALS EDIBLE	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible offal of cattle, fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible offal of pigs, fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible offal of sheep, fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible offal of goat, fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible offals and liver of chickens and guinea fowl, fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible offals and liver of geese, fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
edible offals and liver of ducks, fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY																																																																
		P R O D U C T						F E E D S A N D P A S T I L L I F E R S				P E R P E R S O N P E R D A Y (g)																																																																
Product		1000 Metric Tons									kca																																																																	
		l															g															mg															mc															mc														
edible offals and liver of turkey,fresh, chilled or frozen	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																	
offals n.e.c.,fresh, chilled or frozen	0	-	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																	
liver preparations	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																	
ANIMAL FATS & PRODUCTS	-	386	-	1,291	-	-	-	16	15	342	4	0	0	0	0	-	0	0	0	0	0	0	0	2	-	0																																																		
fat of pigs	-	110	-	-	-	-	-	6	-	104	0	0	0	0	-	-	0	0	0	0	0	0	0	0	-	0																																																		
pig, butcher fat	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																		
fat of poultry	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																		
cattle fat, unrendered	-	126	-	-	-	-	-	10	-	116	0	0	0	0	-	-	0	0	0	0	0	0	0	0	-	0																																																		
cattle, butcher fat	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																		
sheep fat, unrendered	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																		
goat fat, unrendered	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																		
pig fat, rendered	-	37	-	-	-	-	-	-	-	37	0	-	0	-	-	-	-	-	0	-	-	-	-	-	-	0																																																		
poultry fat, rendered	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																		
tallow	-	78	985	-	-	-	-	-	-	1,063	2	0	0	-	-	-	-	-	-	-	-	-	0	-	-	-																																																		
lard stearine and lard oil	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-																																																		

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION				AVAILABILITY PER CAPITA PER DAY														
		P r o d u c t I n t e n s i t y						F a s t F o o d P r o d u c t I n t e n s i t y				E n e r g y F r o m C o a r s e D i e t I n P e r C a p i t a R a t i o V i t a m i n C														
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mg mc mc mg															
animal oils and fats nes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
degras	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
cream, fresh	-	10	-	1,287	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
butter of cow milk	-	79	-	3	-	-	-	-	-	76	0	0	0	0	0	-	0	0	0	0	0	0	-	0	-	0
ghee from cow milk	-	0	-	-	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
wool grease and lanolin	-	15	-	-	-	-	-	-	15	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
fat preparations n.e.c.	-	1,481	-	179	-	-	-	-	-	1,301	2	0	0	0	-	-	-	0	0	0	0	0	1	-	0	0
MILK & PRODUCTS	154,948	32,211	60,616	1,875	9,067	-	-	-	-	205,418	27	2	1	54	2	-	0	5	45	65	0	0	14	-	0	0
raw milk of cattle	154,948	586	-	1,489	6,582	-	64,263	-	-	83,200	10	0	1	18	1	-	0	2	14	21	0	0	6	-	0	0
skim milk of cows	3,000	7	-	-	1,040	-	613	-	-	1,354	0	0	0	0	0	-	0	0	0	0	0	0	0	-	0	0
reconstituted milk	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
whey, fresh	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
whey, dry	-	1,454	-	-	713	-	-	-	-	741	0	0	0	2	0	-	0	0	1	3	0	0	0	-	0	0
whey, condensed	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
whole milk powder	1,900	2,227	-	6,052	248	-	-	-	-	9,931	8	0	0	16	1	-	0	1	14	22	0	0	5	-	0	0
skim milk and whey powder	-	3,422	-	1	8	-	-	-	-	3,413	2	0	0	7	0	-	0	1	6	10	0	0	0	-	0	0
whole milk, evaporated	720	338	-	-	2	-	-	-	-	1,056	0	0	0	0	0	-	0	0	0	1	0	0	0	-	0	0

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY																
		Production						Losses			Per Capita Daily Availability																
Product		1000 Metric Tons									kcal g g mg g g mg mg mg mg mg mg mg g g mg																
		skim milk, evaporated	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
whole milk, condensed	750	12	24	-	-	-	-	-	-	786	0	0	0	0	0	-	0	0	0	0	0	0	0	0	0	-	0
skim milk, condensed	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
yoghurt	27,503	0	-	-	-	-	-	-	-	27,503	3	0	0	6	0	-	0	1	5	8	0	0	1	-	0	0	0
yoghurt, with additives	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
buttermilk, curdled and acidified milk	-	4	-	-	0	-	-	-	-	4	0	0	0	0	0	-	-	0	0	0	0	0	0	-	0	0	0
buttermilk, dry	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
cheese from whole cow milk	1,300	1,243	-	58	-	-	-	-	-	2,485	2	0	0	3	0	-	0	0	2	0	0	0	1	-	0	0	0
cheese from skimmed cow milk	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
whey cheese	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
processed cheese	-	94	-	-	-	-	-	-	-	94	0	0	0	0	0	-	0	0	0	0	0	0	0	-	0	0	0
cheese from milk of buffalo, fresh or processed	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
cheese from milk of sheep, fresh or processed	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
casein	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

2025 Zimbabwe Food Balance Sheet

Population ('000): 15923

		DOMESTIC SUPPLY						DOMESTIC UTILIZATION			AVAILABILITY PER CAPITA PER DAY														
		P r o d . I n t e r S . E x						F e e S e e P p l i c i t y F e			E r p r F e e C C a : D i : N e p r P e R : T r V : V : Z i n c														
Product		1000 Metric Tons									kca l g g mg g g mg mg mg mg mg mc mc g g mg														
ice cream and other edible ice	-	43	-	327	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
dairy products n.e.c.	-	6	-	-	-	-	-	-	-	6	0	0	0	0	0	-	-	0	0	0	0	0	0	-	0
EGGS & PRODUCTS	115,609	822	-	376	-	-	-	10,377	-	105,678	23	2	2	8	0	-	0	2	32	21	0	0	24	-	0
hen eggs in shell, fresh	115,609	775	-	376	-	-	-	10,377	-	105,630	23	2	2	8	0	-	0	2	32	21	0	0	24	-	0
eggs from other birds in shell, fresh, n.e.c.	-	47	-	-	-	-	-	-	-	47	0	0	0	0	0	-	0	0	0	0	0	0	0	-	0
egg albumin	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
eggs, liquid	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
eggs, dried	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

